

St. Francis Yacht Club

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta shall be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 RRS 40 is changed as follows: Competitors shall wear personal flotation devices while racing, except when below deck or briefly while changing or adjusting clothing or personal equipment.
- 1.3 Appendix T, Section A, T1 shall apply as follows: the first two sentences of RRS 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than the starting mark, her penalty shall be a Two-Turns Penalty.
- **1.4** For J-105 One Design: Fleet 1 Articles of Association are in effect.
- 1.5 For J-120 One Design: Fleet #5 Modifications to the J/120 Class Association Rules are in effect.
- **1.6** RRS Appendix T2 Section B, POST RACE PENALTIES applies.

1.7 Club J-22's

- **1.7.1** Boats shall be sailed as provided by the Organizing Authority. No changes shall be made to the equipment unless explicitly allowed.
- **1.7.2** No adjustment to the standing rigging is permitted, except for the backstay, which may be adjusted with its running purchase.
- **1.7.3** No limits on crew weight or number of crew are in effect.
- 1.7.4 Non-Club boats shall comply with 1.8.2 and 1.8.3

2. ENTRIES

Eligible boats shall complete registration online (www.stfyc.com) prior to 1000 hours on April 5, 2014.

3. COMMUNICATION WITH COMPETITORS

- **3.1** A Competitors' Meeting will be held at StFYC on Saturday, April 5th at 0945 hours.
- **3.2** Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3 Changes to the Sailing Instructions will be posted by 1000 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number and Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- **3.4** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.
- **3.6** Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.
- **3.7** Race Committee communications will take place on VHF channel 69.

4. NUMBER & SCHEDULE OF RACES

For all one-design classes, five races are scheduled in the series as follows:

RACE	DAY & DATE	TIME OF FIRST WARNING SIGNAL			
1	Saturday – April 5 th	1100 Hours			
2	Saturday – April 5 th	Immediately Following Race 1			
3	Saturday – April 5 th	Immediately Following Race 2			
4	Sunday – April 6 th	1100 Hours			
5	Sunday – April 6 th	Immediately Following Race 4			

5. RACING AREA

Races will be conducted on the San Francisco City Front.

6. COURSES & MARKS

- **6.1** The courses and marks are described in Attachment A Official Description of Marks and Courses.
- 6.2 No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.
- 6.3 No later than the Warning Signal, a flag designating the mark rounding direction will be displayed from the Signal Boat. If a red flag is displayed, all marks except for mark 3g shall be rounded to port. If a green flag is displayed, all marks except for mark 3g shall be rounded to starboard.

7. AREAS THAT ARE OBSTRUCTIONS

- **7.1** For safety reasons, each of the lines bounded by the following two points is an obstruction:
 - (a) The northern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
 - (b) The southern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
 - (c) The "H" Beam piling and the closest point ashore. (located approx. 200 yards west of the St. Francis YC)
 - (d) Anita Rock Light located approximately 0.30nm West of StFYC ("Anita Rock" Q 20ft 5M), and a yellow buoy marked "AR" (located approximately 100 yards northwest of the Anita Rock Light).
 - (e) Anita Rock Light located approximately 0.30nm West of StFYC ("Anita Rock" Q 20ft 5M), and the closest point ashore.
 - (f) **The yellow buoy marked "AR"** (located approximately 100 yards northwest of Anita Rock Light) **and the closest point ashore.**
 - (g) The Green/Red Bell Buoy off the west end of Alcatraz Island and Alcatraz Island.
- **7.2** Boats are prohibited from sailing across any of these lines while racing.

8. THE START

- 8.1 The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a Red Inflatable cone OR a staff displaying an orange and yellow striped flag on the pin boat.
- A boat shall not start later than 4 minutes after her starting signal. A boat that starts later than 4 minutes after her starting signal shall be scored DNS. This changes RRS 35
- **8.3** Class Flags will be a black class insignia on a white rectangular background for all classes.
- 8.4 The intended starting order for the first race of each day shall be: J/105, J/111, J/120, J/70, J/24.
- **8.5** Subsequent races may be started in any order.

9. RECALLS

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line at the starting signal. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

10. THE FINISH

- **10.1** For courses with upwind finishes, the finishing line will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and an orange buoy located approximately 200 yards upwind of Mark 1.
- **10.2** For courses with downwind finishes, the finishing line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and an orange buoy, opposite the starting line.

11. TIME LIMIT FOR EACH RACE

- Boats failing to finish within 30 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.
- **11.2** The time limit for the first finisher in each race is 2 hours.

12. COMMERCIAL TRAFFIC, SAFETY

- As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- 12.2 If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall

have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.

- 12.3 A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- Boats may not take a penalty under rule 44 for breaking any part of this SI, and a resulting disqualification shall not be excludable under rule A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

13. PROTESTS & PENALTY FORMS

- Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms and After Race Scoring Penalty forms are available at the St. Francis Yacht Club Jury Desk. Protests and requests for redress shall be lodged with the Race Committee Representative at the Jury Desk within 60 minutes after the Race Committee Signal Boat docks. The protest filing times will be posted on the Official Regatta Notice Board.
- The time, place, and parties to all protest and redress hearing(s) will be posted on the Official Regatta Notice Board within 30 minutes after the close of filing time in 15.1 above. This shall serve as notification as per RRS 63.2.
- 13.3 A request to reopen a hearing on the last day of racing must be delivered to the Front Desk of the St. Francis Yacht Club within 60 minutes of the announcement of the Protest Committee's decision (oral or written). This changes RRS 66.

14. SCORING

- **14.1** One race must be completed to constitute a series.
- **14.2** Each boat's score will be the sum of her scores for all races. This changes RRS A2.

14. DISPOSAL OF WASTE OR TRASH

Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. Discarding elastic or fiber bands or ties when setting a sail is permitted. This changes RRS 55, 60.1(a) and 64.1.

Additional Notices

BERTHING & TRAILER STORAGE

- All yachts competing in the event may be moored free of charge at the StFYC guest docks one night prior to the beginning of racing and one night after racing concludes.
- Trailers for boats which are not regularly assigned to dry storage at the StFYC need to obtain an overnight parking permit from the StFYC Race Office. Trailers without a permit may be towed. All trailers should be stored at the direction of the Dockmaster.

PRIZES

• Trophies will be awarded based upon class participation.

ATTACHMENT A OFFICIAL DESCRIPTION OF MARKS AND COURSES

MARK	DESCRIPTION				
1	Inflatable yellow cone set as a Windward Mark				
10	Inflatable red cone set as an Offset Mark to 1				
2	Inflatable red cone set as a Windward Mark (set to Leeward of Mark 1)				
20	Inflatable orange ball set as an Offset Mark to 2				
3g	Two inflatable yellow cones set as a Leeward Gate (Set approximately 200 yards to windward of the Start Line) (If one mark is missing the remaining mark shall be rounded in the same direction as the previous mark)				
17	Green/Red Buoy "HR" 1 Qk Fl R at Harding Rock				
18	Green/Red Buoy "BR" FI Bell at Blossom Rock				

COURSE	ROUNDING ORDER								
Α	Start>	1>	10>	3g>				Finish (upwind)	
В	Start>	2>	20>	3g>				Finish (upwind)	
С	Start>	1>	10>	3g>	1>	10>	3g>	Finish (upwind)	
D	Start>	2>	20>	3g>	2>	20>	3g>	Finish (upwind)	
E	Start>	1>	10>	3g>	2>	20>	3g>	Finish (upwind)	
F	Start>	1>	10>	3g>	1>	10>		Finish (downwind)	
G	Start>	1>	10>					Finish (downwind)	
Н	Start>	2>	20>	3g>	2>	20>		Finish (downwind)	
I	Start>	2>	20>					Finish (downwind)	
J	Start>	1>	17>	18>				Finish (upwind)	
К	Start>	1>	17>	18>	1>	10>	3g>	Finish (upwind)	
L	Start>	1>	10>	18>				Finish (upwind)	

^{*} Reference Sailing Instruction 6.3 for rounding direction